



APRIL NEWS

It's been an exciting and eventful month at the Adult Day Center, marked by wonderful changes and promising growth. We're navigating these transformations with enthusiasm, even as we miss our Activity Coordinator, Jessica, who's taken a temporary leave to care for her grandmother. In her absence, Cassie has stepped in, bringing a fresh and vibrant energy to our team.

We've also had the pleasure of welcoming new members Joe, Pam, and Stanley to our community. Each of them brings a unique spirit to the center, and we're looking forward to getting to know them all.

Amid these milestones, our expansion efforts are forging ahead. We're in the thick of securing funding and appointing a general contractor for renovations at our second location. Our goal is clear: to grow without compromising the quality of care that is our hallmark. This journey is made possible by an incredible team, the unwavering support of our guests' families, and the guidance of our dedicated board members.

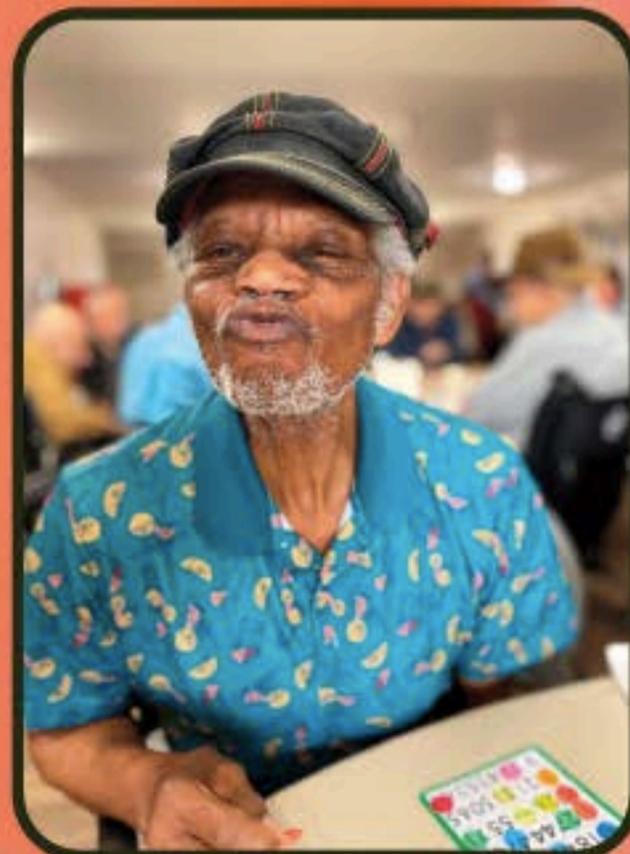
We will be sharing updates in the near future. Until then, we extend our heartfelt thanks for your ongoing support. It's a vibrant time at the Adult Day Center, and we're grateful to have you with us every step of the way.



Adult Day Center
— *of the Black Hills*

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HOW DO WE HELP?

There are several ways we help families in our community. Typically, family members will reach out to us when they notice their loved one's condition worsening or something unexpected happens (accident, stroke, neuromuscular diagnosis, etc.) and they need support. Sometimes, seniors who live independently seek us out in order to maintain their independence or to prevent isolation.

We provide personalized care plans tailored to meet the specific needs of each guest.

Our team offers support and guidance to help families navigate challenging situations with compassion and expertise.

We collaborate with social workers, healthcare professionals and families to ensure the best possible care.

We assist families in transition planning, connecting them to resources and find solutions to extend their time living at home.

We monitor and offer assistance with hygiene/self-care needs to ensure our guests feel good about themselves and to lessen stress on family members.

Our team provides cognitive stimulation, opportunities for exercise and social support/friendships!

Our goal is to improve the *quality of life* for both the individuals we care for and their families!

If you would like to see our amazing staff in action and schedule a tour, please call 605-791-0426 today!

WISH LIST

Karaoke Machine
8x10 Canvases
Vanilla Ice Cream / Root Beer
Buttons/colored popsicle sticks for sorting
Indoor/outdoor plants/trees
Sugar Free Snacks

*Open our Amazon wish list using your
phone camera!*



THANK YOU

Thank you to the congregation of Our Lady of Perpetual Help Cathedral, The Humane Society of the Black Hills, Deb & Kenton Larson, Rob & Kim Peterson, Todd Gregson, Mary Schnortz, Pegie Douglas, Carol & Dottie Amick, Bobby Holman, Strider, Gladys Storm, and the Bob Grimm Band!

We were blown away by the generosity shown to our staff and guests this month! We appreciate all you do for us.

**Are you a caregiver who could use a break?
Give us a call at 605.791.0436 to schedule a tour.
We are open Monday-Friday from 7:30 a.m. to 5:30 p.m..
We have openings for adults of all ages!**

Do you know of a youth, service, professional, or church group looking for a local non-profit to support? If so, please point them in our direction! We could always use volunteers to help with activities, crafts, and games!



**Follow the Adult Day Center of the
Black Hills on Facebook!**

APRIL ACTIVITIES

MONDAY, APRIL 1 - 1950'S KARAOKE; WORD SCRAMBLE

TUESDAY, APRIL 2 - FLOWER CRAFT; MUSIC BY LARRY KVANVIG

WEDNESDAY, APRIL 3 - SWIM CENTER; BINGO

THURSDAY, APRIL 4 - MURDER MYSTERY; PROUTY POTTERY

FRIDAY, APRIL 5 - ELVIS THEMED DANCE PARTY; POPCORN & MOVIE

MONDAY, APRIL 8 - PAINT BIRD HOUSES; MAKE ECLIPSE CUPCAKES

TUESDAY, APRIL 9 - HOT POTATO; HAIRCUTS AT PAUL MITCHELL (GUEST PAY)

WEDNESDAY, APRIL 10 - MUSEUM OF GEOLOGY; JEOPARDY

THURSDAY, APRIL 11 - VOLLEYBALL; MUSIC BY PEGIE DOUGLAS

FRIDAY, APRIL 12 - CANYON LAKE PARK; DEAL OR NO DEAL

MONDAY, APRIL 15 - MINUTE TO WIN IT GAMES; PAINT N SIP

TUESDAY, APRIL 16 - MEMORY TRIVIA; MUSIC BY BOBBY HOLMAN

WEDNESDAY, APRIL 17 - DICE GAMES; REPTILE GARDENS

THURSDAY, APRIL 18 - MCDONALD'S; CUPBALL

FRIDAY, APRIL 19 - ANCESTRY/HISTORY; LADDER BALL

MONDAY, APRIL 22 - CHICKEN SOUP STORIES; EARTH DAY DIRT CUPS

TUESDAY, APRIL 23 - SEASHELL CRAFT; MUSIC BY JOHN BACKLAND

WEDNESDAY, APRIL 24 - 1980'S KARAOKE; BOWLING

THURSDAY, APRIL 25 - VOLUNTEER AT HUMANE SOCIETY; HOT POTATO

FRIDAY, APRIL 26 - CHAIR YOGA; YARD GAMES

MONDAY, APRIL 29- PLANT FLOWERS; BLACK HILLS IN MOTION CLOGGERS

TUESDAY, APRIL 30- VOLLEYBALL; PIESANOS

GROUP/INDIVIDUAL EXERCISE AS WELL AS INTERACTIVE GAMES
ARE OFFERED DAILY.

ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER OR STAFFING.
LET US KNOW IF YOU HAVE ANY NEW OUTING, ENTERTAINMENT
OR ACTIVITY SUGGESTIONS!

MEALS ON WHEELS MENU

Menu subject to change without Notice

<p>Monday 1 Easter Dinner</p> <p>LS Ham Sweet Potatoes 1 1/2CS Parmesan Green Beans Cranberry Crunch Salad 1CS Dinner Roll 1CS Brownie 2CS</p>	<p>Tuesday 2</p> <p>Creamed Turkey over a Biscuit 2CS Peas & Carrots 1CS Tropical Fruit 1CS</p>	<p>Wednesday 3</p> <p>Swedish Meatballs 1CS Sliced Potatoes 1CS Baked Squash 1CS Tossed Salad w/Tomatoes Peaches 1CS Bread 1CS</p>	<p>Thursday 4</p> <p>Breaded Chicken Parmesan with Marinara Sauce & Cheese 2CS Italian Vegetables Petite Banana 1CS Breadstick 1CS</p>	<p>Friday 5</p> <p>Roast Beef Mashed Potatoes w/Gravy 1CS Carrots 1/2CS Fruit Cocktail 1CS Bread 1CS</p>
<p>Monday 8</p> <p>Mexican Chicken Soup 1CS LS Crackers 1CS Orange Juice 1CS Pears 1CS</p>	<p>Tuesday 9</p> <p>Sausage Gravy over a Biscuit 2CS Broccoli Glazed Carrots 1 1/2CS Cinnamon Apples 1 1/2CS</p>	<p>Wednesday 10 HAPPY BIRTHDAY</p> <p>Hamburger on a Bun 2CS Leaf Lettuce / Tomato Slices Baked Beans 2CS Tater Tots 1CS Pineapple Tidbits 1CS Cake 2CS</p>	<p>Thursday 11</p> <p>Autumn Chicken 1CS Green Beans Baked Potato 1CS Mandarin Oranges 1CS Bread 1CS</p>	<p>Friday 12</p> <p>Hungarian Goulash 3CS Parslied Carrots 1/2CS Corn 1CS Applesauce 1 1/2CS Bread 1CS</p>
<p>Monday 15</p> <p>Chicken Pot Pie topped with a Biscuit 2CS Broccoli Pudding 1CS Peaches 1CS</p>	<p>Tuesday 16</p> <p>Beef Tips & Gravy over Diced Potatoes 2CS Peas & Carrots 1CS Tropical Fruit 1CS Bread 1CS</p>	<p>Wednesday 17</p> <p>BBQ Chicken Thigh 1CS Baked Potato w/Sour Cream 1CS California Vegetables Pears 1CS Bread 1CS</p>	<p>Thursday 18</p> <p>Taco Salad w/Meat & Beans 2CS Cottage Cheese Apple Crisp 1 1/2CS Petite Banana 1CS Bread 1CS</p>	<p>Friday 19</p> <p>Chef's Choice</p>
<p>Monday 22</p> <p>Cheesy Broccoli Soup 1CS LS Crackers 1CS Hard Boiled Egg Tossed Salad Fruit Cocktail 1CS</p>	<p>Tuesday 23</p> <p>Pizza Casserole 2CS Peas & Carrots 1CS Garlic Bread 1CS Med. Orange 1CS</p>	<p>Wednesday 24</p> <p>Chicken in Celery Sauce over Mashed Potatoes 2CS Carrots 1/2CS Jello w/Topping 1CS Mandarin Oranges 1CS Bread 1CS</p>	<p>Thursday 25</p> <p>Breaded Baked Fish 1CS Herb Diced Potatoes 1CS Coleslaw 1CS Pineapple Tidbits 1CS Bread 1CS</p>	<p>Friday 26</p> <p>Sloppy Joe on a Bun 2CS Potato Salad 1 1/2CS Baked Squash 1CS Peaches & Strawberries 1CS</p>
<p>Monday 29</p> <p>Spanish Rice w/ Hamburger 3CS Refried Beans 1CS Corn O'Brien 1CS Apple Juice 1CS Bread 1CS</p>	<p>Tuesday 30</p> <p>Lunch at Piesano's</p> 			

*All meals include 8 oz. 1% milk (1 CS)

Over 60? Contribute what you can.

FOR RESERVATIONS OR CANCELLATION